

## Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
3/1/21 - 3/5/21	AM-Granola Bar & Juice <b>LUNCH-</b> Chicken Patty Sandwich, Carrots, Pears & Milk PM-Cheez Its & Juice	AM-Scrambled Egg & Juice <b>LUNCH-</b> Pepperoni Pizza Casserole, Corn, Mand. Oranges & Milk PM-Cucumbers w/ Ranch & Juice	AM-Pancakes & Juice <b>LUNCH-</b> Pasta with Meat Sauce, Peas, Applesauce & Milk PM-Fig Newton & Juice	AM- Cottage Cheese & Juice <b>LUNCH-</b> PBJ Sandwich, Green Beans, Peaches & Milk PM- Peppers, Cheese Stick & Water	AM- Butter Toast & Juice <b>LUNCH-</b> Fish Sticks, Mixed Veggies, Pineapple & Milk PM- Chex Mix & Juice
3/8/21 - 3/12/21	AM- Mand. Oranges w/ Nilla Wafers & Water <b>LUNCH-</b> Meat Ravioli, Peas, Pears & Milk PM-Pudding & Juice	AM- Cereal & Juice <b>LUNCH-</b> Meat & Cheese Sandwich, Corn, Peaches & Milk PM-Hummus w/ Pita Bread & Water	AM- Sausage Patty & Juice <b>LUNCH-</b> Tater Tot Hamburger Casserole, Gr Beans, Pineapple & Milk PM- Apple Slice w/ Peanut Butter & Water	AM- Muffins & Juice <b>LUNCH-</b> Pepperoni Pizza Roll Ups, Mixed Veggies, Mand Oranges & Milk PM- Goldfish & Juice	AM- Yogurt, Graham Cracker & Water <b>LUNCH-</b> Mac & Cheese w/ Hot Dog, Carrots, Applesauce & Milk PM- Nilla Wafers & Juice
3/15/21 - 3/19/21	AM- Apple Cinn. Oatmeal & Juice <b>Lunch-</b> Cheeseburger, Mixed Veggies, Peaches & Milk PM- Carrot Sticks w/ Ranch & Juice	AM- French Toast & Juice <b>Lunch-</b> Hamburger Scalloped Potatoes, Peas, Pineapple & Milk PM- Chex Mix & Juice	AM- Hard Boiled Egg & Juice <b>Lunch-</b> Pepperoni Pizza Quesadilla, Carrots, Pears & Milk PM- Peppers, Cheese Stick & Water	AM- Jelly Toast & Juice <b>Lunch-</b> Fish Sticks, Green Beans, Applesauce & Milk PM- Graham Cracker & Juice	AM- Cereal & Juice <b>Lunch-</b> Taco Hamburger Soup w/Crackers, Corn, Mand. Oranges & Milk PM- Sliced Cheese w/ Crackers & Water
3/22/21 - 3/26/21	AM- Yogurt, Graham Cracker & Water <b>Lunch-</b> Mac & Cheese w/ Hot Dog,, Corn, Peaches & Milk PM- Fig Newton & Juice	AM- Pancakes & Juice <b>Lunch-</b> Chicken Patty Sandwich, Green Beans, Mand. Oranges & Milk PM- Apple Slice w/ Peanut Butter & Water	AM- Muffins & Juice <b>Lunch-</b> PBJ Sandwich, Peas, Applesauce & Milk PM- Cheez Its & Juice	AM- Cereal & Juice <b>Lunch-</b> Pasta with Meat Sauce, Mixed Veggies, Pineapple & Milk PM- Cucumbers w/ Ranch & Juice	AM- Granola Bar & juice <b>Lunch-</b> Meat & Cheese Sandwich, Carrots, Pears & Milk PM- Pudding & Juice
3/29/21 - 4/2/21	AM- Banana W/ Graham Cracker & Water <b>Lunch-</b> Turkey Ranch Quesadilla, Green Beans, Applesauce & Milk PM- Goldfish & Juice	AM- Hard Boiled Egg & Juice <b>Lunch-</b> Tomato Soup, Grilled Cheese w/ Bacon Sandwich, Carrots, Pineapple & Milk PM- Peppers, Cheese Stick & Water	AM- Apple Cinn. Oatmeal & Juice <b>Lunch-</b> Hot Dog w/ Bun, Corn, Peaches & Milk PM- Hummus w/ Pita Bread & Water	AM- Sausage Patty & Juice <b>Lunch-</b> Hamburger Sandwich, Peas, Pears & Milk PM- Nilla Wafers & Juice	Good Friday No School

Juice is 100% Juice-Infant 2 have milk to drink at all snacks and meals.

Infant 2 do not get any Peanut Butter - PBJ is substituted with a meat & cheese with crackers, Cheese PB Crackers is substituted with other crackers, Yogurt & Cottage, Pudding and Cheese snacks fruit &/wafers are added to the snack.