

Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
5/3/21 - 5/7/21	AM -Granola Bar & Juice LUNCH - Chicken Patty Sandwich, Mixed Veggies, Mand. Oranges & Milk PM -Cheez Its & Juice	AM -Scrambled Eggs & Juice LUNCH - Tater Tot Hamburger Casserole, Peas, Applesauce & Milk PM -Cucumbers w/ Ranch & Juice	AM -Yogurt, Graham Cracker & Water LUNCH - PBJ Sandwich , Carrots, Pineapple & Milk PM -Fig Newton & Juice	AM -French Toast Sticks & Juice LUNCH - Pepperoni Pizza Quesadillas, Corn, Pears & Milk PM -Cheese Stick, Pretzels & Water	AM -Sausage Patty & Juice LUNCH - Pasta w/ Meat Sauce, Green Beans, Peaches & Milk PM - Apple Slice w/Peanut Butter & Water
5/10/21 - 5/14/21	AM - Mand. Oranges w/ Nilla Wafers & Water LUNCH - Cheeseburgers, Peas, Pears & Milk PM - Pudding & Juice	AM - Cereal & Juice LUNCH - Pepperoni Pizza Rolls, Salad, Peaches & Milk PM -Hummus w/ Pita Bread & Water	AM - PB Toast , ½ Banana & Water LUNCH - Mac & Cheese w/ Hot Dog, Gr Beans, Pineapple & Milk PM -Goldfish & Juice	AM - Muffins & Juice LUNCH - Meat & Cheese Sandwich, Mixed Veggies, Mand Oranges & Milk PM - Graham Cracker & Juice	AM -Pancakes & Juice LUNCH - Fish Sticks, Carrots, Applesauce & Milk PM -Sliced Cheese w/Crackers & Water
5/17/21 - 5/21/21	AM - Cottage Cheese. Wheat Crackers & Water LUNCH - Hot Dog w/bun, Carrots, Pineapple & Milk PM - Peppers, Cheese stick & Water	AM - Pancakes & Juice LUNCH - PBJ Sandwich , Gr Beans, Pears & Milk PM - Graham Cracker w/ Banana & Water	AM -Apple Cinn. Oatmeal & Juice LUNCH - Pasta w/ Meat Sauce, Corn, Peaches & Milk PM - Cheez Its & Juice	AM - Granola bar & Juice LUNCH - Hamburger Scalloped Potatoes, Peas, Applesauce & Milk PM - Chex Mix & Juice	AM - French Toast & Juice LUNCH - Chicken Patty Sandwich, Mixed Veggies, Mand. Oranges & Milk PM - Pretzels & Juice
5/24/21 - 5/28/21	AM - Cereal & Juice LUNCH - Meat Ravioli, Gr Beans, Peaches & Milk PM - Goldfish & Juice	AM - Yogurt, Graham Cracker & Water LUNCH - Turkey Ranch Quesadilla, Corn, Mand. Oranges & Milk PM - Hummus Pita Bread & Water	AM - Sausage Patty & Juice LUNCH - Salad with chicken and crackers, Mixed Veggies, Pears & Milk PM - Apple Slice w/ Peanut Butter & Water	AM - Butter Toast & Juice LUNCH - Personal Pepperoni Pizza, Carrots, Pineapple & Milk PM - Pudding & Juice	AM - Hard Boiled Egg & juice LUNCH - Hamburger Sandwich, Peas, Applesauce & Milk PM - Carrot Sticks w/ Ranch & Juice

Juice is 100% Juice-Infant 2 have milk to drink at all snacks and meals.

Infant 2 do not get any Peanut Butter - **PBJ is substituted with a meat & cheese with crackers, Cheese PB Crackers is substituted with other crackers, Yogurt & Cottage, Pudding and Cheese snacks fruit &/wafers are added to the snack.**