

Planting Seeds of Hope Children's Center

Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
11/2/20 - 11/6/20	AM-Cereal & Juice	AM-Yogurt & Juice	AM-Sausage Patty & Juice	AM-Butter Toast & Juice	AM-Hard Boiled Egg & Juice
	LUNCH- Pepperoni Pizza Casserole, Gr Beans, Peaches & Milk	LUNCH- Turkey Ranch Wrap, Corn, Mand Oranges & Milk	LUNCH- Hamburger Tater Tot Casserole, Mixed Veggies, Pears & Milk	LUNCH- Meat Ravioli, Carrots, Pineapple & Milk	LUNCH- Hamburger Sandwich, Peas, Applesauce & Milk
	PM-Goldfish & Juice	PM-Hummus Pita Bread & Water	PM-Oyster Crackers & Juice	PM-Pudding & Juice	PM-Carrot Sticks w/ Ranch & Juice
11/9/20 - 11/13/20	AM- Cottage Cheese & Juice	AM-Granola bar & Juice	AM-Apple Cinn. Oatmeal & Juice	AM- Pancakes & Juice	AM-French Toast Sticks & Juice
	LUNCH- Hot Dog w/ Bun, Carrots, Pineapple & Milk	LUNCH- PBJ Sandwich , Gr Beans, Pears & Milk	LUNCH- Pasta w/ Meat Sauce, Corn, Peaches & Milk	LUNCH- Hamburger Scalloped Potatoes, Peas, Applesauce & Milk	LUNCH- Chicken Noodle Soup, Mixed Veggies, Mand. Oranges & Milk
	PM-Peppers, Cheese stick & Water	PM-Graham Cracker w/ Banana & Water	PM-Cheez Its, & Juice	PM-Chex Mix & Juice	PM-PB Crackers & Juice
11/16/20 - 11/20/20	AM- Mand. Oranges w/ Nilla Wafers & Water	AM- Cereal & Juice	AM-Jelly Toast & Juice	AM- Muffins & Juice	AM-Yogurt & Juice
	LUNCH- Cheeseburgers, Peas, Pears & Milk	LUNCH- Pepperoni Pizza Rolls, Corn, Peaches & Milk	LUNCH- Mac & Cheese w/ Hot Dog, Gr Beans, Pineapple & Milk	LUNCH- Meat & Cheese Sandwich, Mixed Veggies, Mand Oranges & Milk	LUNCH- Fish Sticks, Carrots, Applesauce & Milk
	PM-Pudding & Juice	PM-Hummus w/ Pita Bread & Water	PM-Goldfish & Juice	PM- Apple Slices w/ Peanut Butter & Water	PM-Sliced Cheese w/Crackers & Water
11/23/20 - 11/27/20	AM-Granola Bar & Juice	AM-Hard Boiled Egg & Juice	AM-Pancakes & Juice	CENTER CLOSED	
	LUNCH- Chicken Patty Sandwich, Mixed Veggies, Mand. Oranges & Milk	LUNCH- Tater Tot Hamburger Casserole, Peas, Applesauce & Milk	LUNCH- Tomato Soup Grilled Cheese w/ Bacon Sandwich, Carrots, Pineapple & Milk		
	PM-Cheez Its & Juice	PM-Cucumbers w/ Ranch & Juice	PM-Fig Newton & Juice		

Juice is 100% Juice-Infant 2 have milk to drink at all snacks and meals.

Infant 2 do not get any Peanut Butter -**PBJ is substituted with a meat & cheese with crackers, Cheese PB Crackers is substituted with other crackers, Yogurt & Cottage Cheese snacks fruit &/wafers are added to the snack.**