

Planting Seeds of Hope Children's Center

Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
8/31/20 - 9/4/20	AM-Yogurt & Juice LUNCH- Meat Ravioli, Gr Beans, Pears & Milk PM-Goldfish & Juice	AM-Cereal & Juice LUNCH- Turkey Ranch Wrap, Corn, Mand Oranges & Milk PM-Hummus Pita Bread & Water	AM-Muffins & Juice LUNCH- Hamburger Tater Tot Casserole, Mixed Veggies, Peaches & Milk PM-Oyster Crackers & Juice	AM-Butter Toast & Juice LUNCH- Personal Pepperoni Pizza, Carrots, Pineapple & Milk PM-Pudding & Juice	AM-Pancakes & Juice LUNCH- Scalloped Potatoes w/ Hamburger, Peas, Applesauce & Milk PM-Peppers, Cheese stick & Water
9/7/20 - 9/11/20	CENTER CLOSED	AM-Fruit bar & Juice LUNCH- PBJ Sandwich , Gr Beans, Pears & Milk PM-Graham Cracker w/ Banana & Water	AM-Cottage Cheese & Juice LUNCH- Pasta w/ Meat Sauce, Peas, Applesauce & Milk PM-Cheez Its, & Juice	AM- Pancakes & Juice LUNCH- Hot Dog w/ Bun, Corn, Peaches & Milk PM-Chex Mix & Juice	AM-Scrambled Eggs & Juice LUNCH- Chicken Patty Sandwich, Mixed Veggies, Mand Oranges & Milk PM-Sliced Cheese w/ Crackers & Water
9/14/20 - 9/18/20	AM- Mand Oranges w/ Nilla Wafers & Water LUNCH- Cheeseburgers, Peas, Pears & Milk PM-Pudding & Juice	AM- Apple Cinn Oatmeal & Juice LUNCH- Pepperoni Pizza Rolls, Corn, Peaches & Milk PM-Hummus w/ Pita Bread & Water	AM-Jelly Toast & Juice LUNCH- Mac & Cheese w/ Hot Dog, Gr Beans, Pineapple & Milk PM-Goldfish & Juice	AM- Muffins & Juice LUNCH- Meat & Cheese Sandwich, Mixed Veggies, Mand Oranges & Milk PM- Peppers, Cheese stick & Water	AM-Yogurt & Juice LUNCH- Fish Sticks, Carrots, Applesauce & Milk PM-PB Crackers & Juice
9/21/20 - 9/25/20	AM-Granola Bar & Juice LUNCH- Scalloped Potatoes w/ Hamburger, Mixed Veggies, Mand Oranges & Milk PM-Cheez Its, Cheese Stick & Water	AM-French Toast Sticks & Juice LUNCH-Tater Tot Hamburger Casserole, Peas, Applesauce & Milk PM-Cucumbers w/ Ranch & Juice	AM-Fruit Cup w/ Graham Crackers & Water LUNCH- Grilled Chicken Salad, Carrots, Pineapple, Pita Bread & Milk PM-Fig Newtons & Juice	AM-Scrambled Eggs & Juice LUNCH- Meat Ravioli, Gr Beans, Pears & Milk PM-Apples w/ PB & Water	AM-Sausage Patty & Juice LUNCH- Hot Dog w/Bun, Carrots, Peaches & Milk PM-Chex Mix & Juice
9/28/20 - 10/2/20	AM-Yogurt & Juice LUNCH- PBJ Sandwich , Gr Beans, Pears & Milk PM-Hummus w/Pita Bread & Water	AM-Pancakes & Juice LUNCH- Hamburger w/ Bun, Corn, Mand Oranges & Milk PM-Goldfish Crackers & Juice	AM-Muffins & Juice LUNCH- Personal Pepperoni Pizza, Mixed Veggies, Peaches & Milk PM-Pudding & Juice	AM-Butter Toast & Juice LUNCH- Chicken Patty Sandwich, Carrots, Pineapple & Milk PM-Oyster Crackers & Juice	AM- Cereal & Juice LUNCH- Pasta w/Meat Sauce, Peas, Applesauce & Milk PM-Peppers, Cheese stick & Water

Juice is 100% Juice-Infant 2 have milk to drink at all snacks and meals.

Infant 2 do not get any Peanut Butter - **PBJ is substituted with a meat & cheese with crackers, Cheese PB Crackers is substituted with other crackers, Yogurt & Cottage Cheese snacks fruit &/wafers are added to the snack.**

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